GOV 101 - Civic Education Program

Tami Moody, Director of Administration & Communications

Are you looking for ways to increase your knowledge of local government operations? Do you want to build a better understanding of how to get involved in local affairs? We have had several members of our community request opportunities to advance their knowledge of local government systems and in response to those requests, Herriman City is hosting Government 101 courses that focus on educating the community about local government processes. Department Directors, alongside elected officials, will offer unique, informative classes designed to provide our community with information on the organization and operation of the City, as well as enhance your capacity for community engagement.

Topics covered will answer questions like:
- What does it take to run a city?
- What are the functions of the various city departments?
- What is our form of government and what does it mean?
- What is the City Budget? Where does the money come from and how is the money spent?
- What does it take to run a city?

After each of these classes, participants will have a better understanding of the intricacies of operating a municipal government and what it takes to provide essential public services.

When Are Classes?

Our first class is scheduled for Monday, January 9, 2017 6:00 PM in the Herriman City Council Chambers

Class Subject: City Budget income/expenses

The classes will be broadcast on Facebook Live for those unable to attend in person.

How Do I Register?

No registration form is required. Guests can simply show up for classes or register in advance online at www.herriman.org.

Have a certain topic you would like to see covered in these courses? Email info@herriman.org. Just note Gov 101 in the subject line and then list your interests in the body.
Vehicle Safety in the Winter
Riley Pilgrim, Battalion Chief

With the winter weather upon us Utah has entered one of the most hazardous driving conditions for its commuters. There are a few things you can do to make sure your vehicle is ready for the winter.

-Be sure your vehicle is properly maintained (tires, fluids, lighting, etc).
- Have a safety kit in your car (blankets & extra clothing, first aid kit, flashlight, jumper cables, extra food & water, a small tool kit and a tow strap).

While driving in inclement weather remember to give yourself a little extra time to arrive at your destination and allow for some extra space. If you find yourself in an accident, move off the road and call 911. Sometimes the collisions outside are hazardous, be so very careful when exiting your vehicle. We hope you have a safe and healthy holiday season.

The Pathway to Happiness
Mayor Carmen R. Freeman

Not long ago, my daughter took my grandson Emmitt to lunch at a local fast food restaurant to enjoy a Happy Meal. While driving home, Emmitt asked his mother why there was a Happy Meal. My daughter responded, “I don’t know.” To this declaration, Emmitt responded, “I don’t know either, because I’m not very happy.” What Emmitt had come to know in a very real and personal way, is that happiness does not come freely nor can it be purchased or bartered despite what the world may advocate. He had also quickly and perhaps sadly discovered through this youthful experience that true happiness is a journey not a destination.

This journey in the discovery of true happiness is not a new phenomenon that has emerged through scientific study of human behavior and mental processes. Happiness has always existed through the ages and is a behavioral principle that often gets overlooked in our pursuit of finding the true happiness that will always exist on proven principles of serving others, protecting the citizens of Herriman and our property, and providing a safe place for all to live, work and play. For our residents to feel safer and to Be the earnest seeker in the pursuit of finding the pathway to happiness.

In this noble journey of finding happiness, an additional behavioral quality that often gets overlooked is our disposition. Knowing how to be our disposition, mood and attitude in 50 words or less, how we view the world around us and how we react to it, can influence our pathway to happiness, Martha Washington once said, “I am determined to be cheerful and happy in whatever situation I may find myself. For I have learned that the greater part of our dividends in life is determined not by our circumstance but by our disposition.” Sadly, in today’s social environment our disposition can be severely weakened and adversely influenced by the influx of negative thought and messages we initiate or are frequently exposed to. Such statements may include, “I hate my job,” “my spouse is lazy,” “that meeting was painful,” “I’m not looking forward to the kids coming home.” Commonly, when we are exposed to positive and encouraging words such as “you are doing a great job,” “thank you for thinking about the needs of others” or “I am so grateful I married you,” our brain’s frontal lobes are strengthened and promote cognitive function. In simple terms, when we hear or use positive language we will feel happy physically, mentally and emotionally.

So what can we do in those moments when we are tempted to speak or inadvertently hear negative communication? A simple, effective and proven approach is to accentuate the positive through our thought processes. Such positive thinking has always been instrumental in opening the doors to success and happiness. Perhaps this understanding is why the character of our disposition is determined not by our circumstance but by our disposition. Sadly, in today’s social environment the pathway to happiness is a journey not a destination.
The Pathway to Happiness
Mayer Carmen R. Freeman

Not long ago, my daughter took my grandson Emmitt to lunch at a local fast food restaurant to enjoy a Happy Meal. While driving home, Emmitt asked his mother why they ordered him a Happy Meal. My daughter responded, “I don’t know.” To this declaration, Emmitt responded, “I don’t know either, because I’m not very happy.”

What Emmitt had come to know in a very real and personal way, is that happiness does not come freely nor can it be purchased or bartered despite what the world may advocate. He had also quickly and perhaps sadly discovered through this youthful experience that true happiness is a journey not a destination.

This journey in the discovery of true happiness is not a new phenomenon that has emerged through scientific study of human behavior and mental processes. Happiness has and will always be determined by proper principles of serving others, maintaining personal values, setting meaningful goals, doing things you enjoy, forgiving oneself and caring and nurturing the mind and body. These simple and basic behavioral principles have existed through the ages and been to the earliest seeker an aid in the pursuit of finding the pathway to happiness.

In this noble journey of finding happiness, an additional behavioral quality that often gets overlooked is our disposition or unhappiness is determined not by our circumstance but by our disposition. Sadly, in today’s social environment our disposition can be severely weakened and adversely influenced by the influx of negative thought and messages we initiate or are frequently exposed to. Such statements may include, “I hate my job,” “my spouse is lazy,” “that person is so superficial,” “that meeting was painful,” “I am not looking forward to the kids coming home.”

Conversely, when we are exposed to positive and encouraging words such as “you are doing a great job,” “thank you for thinking about the needs of others” or “I am so grateful I married you,” our brain’s frontal lobes are strengthened and promote cognitive function. In simple terms, when we hear or use positive language we will feel happy physically, mentally and emotionally.

So what can we do in those moments when we are tempted to speak or inadvertently hear negative communication? A simple, effective and proven approach is to accentuate the positive through our thought processes. Such positive thinking has always been instrumental in opening the doors to happiness. Perhaps this understanding is what prompted Marcus Antoninus, a Roman Emperor to declare, “The happiness of your life depends upon the quality of your thoughts.” As long as the impact positive thinking has on defining who we are was wonderfully illustrated by Ralph Waldo Emerson when he said, “Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny.” May your destiny be true happiness.

As we begin a new year, it is my hope and desire that we will accentuate the positive and eliminate the negative. By so doing, we will begin our journey on the pathway to happiness.
Recently Approved Ordinances
Ordinance 2016-39
An ordinance approving rezoning property located at approximately 5200 West Anthem Park Boulevard from MU-2 (Mixed Use 2 zone) to C-2 (Commercial).

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Tami Moody, Director of Administration & Communications

Herriman City Parks, Recreation and Events is pleased to introduce our new Garden Chair Shauna Heiner has been a resident of Herriman City for the past eleven years. The past four years have been spent participating in the Herriman Community Garden. Shauna and her husband Darrell love growing and harvesting Big Jim Chilies. They purchase seeds from a farm in Hatch, New Mexico and start the seeds indoors in February. They usually grow 60 – 80 plants for their Community Garden plot each year and harvest about 100 pounds of chilies! Shauna loves to cook and adds her homegrown chilies to almost everything. Shauna’s favorite part of gardening is when the soil is finally warm enough to plant the small seedlings – she loves planting day! Shauna’s advice for gardeners is “if you eat it, plant it! Even if you have never heard of it and are curious, try it. If you don’t like it or grow too much, it can always be donated. Every year is a chance to try something new and learn more about gardening!”

Sign Ordinance for Large Commercial Signs.

Recently Approved Ordinances
Ordinance 2016-40
An ordinance approving rezoning property located at approximately 5200 West Anthem Park Boulevard from MU-2 (Mixed Use 2 zone) to C-2 (Commercial).

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