



# J. L. Sorenson Recreation Center

*It's always a Happy, Healthy Day at JL !* Monthly Newsletter

December 2016

## Turkey Shoot - Ready, Aim, Fire!

Last month, participants came out to take aim at some Thanksgiving prizes at our annual Turkey Shoot. Archers, under the guidance of our Archery program staff



JL Turkey Shoot

lined up their aim at targets (not turkeys). The targets displayed potential prizes. Archers went home with Pizza, gift cards, and Pumpkin Pies.

Anyone interested in learning archery or improving their archery skills should check out our Archery classes. The program runs monthly, here at JL.



Archers Ready!

*"2017 is almost here. I would like to invite everyone to come out to our 6th Annual New Year's Eve Party. This event is a ton of fun for the whole family. It is a great community event that keeps you close to home on this night. We also understand that keeping the family out until midnight has its challenges, so at the JL New Year's Eve Party the ball drops at 10pm. We are excited to be a part of everyone's new years celebration. See you there!"*

*- ShaNae White  
Associate Facility Director*

## Up next: NEW YEAR'S PARTY!

Coming up, we'll be celebrating the end of 2016 and the start of 2017 with our annual New Year's Eve Party. Party runs from 6:00-10:00pm. We count down to the new year at 10pm, not midnight. There will be swimming, face painting, a bounce house, carnival games, raffles, a hypnotist, a comedian, food, and of course, the New Year's Countdown (at 10pm).

Contact ShaNae for more info: [SWhite@slco.org](mailto:SWhite@slco.org)





# JL's Commitment to Patron Safety

At JL Sorenson Recreation Center we are committed to providing a safe place to play for all of our patrons. Our pool is staffed by life-guards & supervisors who are all certified in First Aid/CPR/AED for the Professional Rescuer. The aquatics crew is engaged in continuous trainings and safety procedure updates. Other lead employees and instructors of the center are also First Aid/CPR/AED certified. All JL employees receive regular Emergency Action Plan (EAP) training. In-center staff also engage in regularly scheduled EAP drills. The EAP drills consist of placing our center staff in emergency scenarios, such as facility evacuations, earthquakes, lockdowns, etc. We know it's not possible to prevent or react perfectly to all accidents/incidents, but that will always be our goal.

## JL Sorenson Management Team



Ron Preece  
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Calvin Wheeler  
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All of our management team members can be contacted via email or phone:

**385-468-1340.**

For specific duties of each of our management team members please refer to our website:

**[www.slco.org/recreation/jlsorenson](http://www.slco.org/recreation/jlsorenson)**

# 2017 at JL - Come get Fit!

In 2017 we will have two major pass promotions:

- 10% Off Pass Renewals
- Free 7-Day Trial Pass for new patrons.

## 10% Off Pass Renewal

In 2017 all renewing Pass Holders will receive 10% off provided that they renew prior to their current pass expiring. Don't Delay - Renew Today!

## Free 7-Day Trial Pass

We want new patrons to give us a try, and some of our past pass holders to come give us another try. We have a lot of exciting new classes and fitness opportunities starting in 2017. We have expanded our fitness areas, and added new equipment. We have great instructors and staff. We will have *Intro to Group Fitness* classes for beginners. Our Drop-in Childcare is top notch, and will care for your child while you work out. If you are no longer a pass holder, give us another chance. We want you back. If you are a pass holder, bring a friend. With the Free 7-Day Trial Pass there is no risk. If you don't love it, no worries, but for sure tell us why. If you do love it, sign up for one of our many Pass options. The Free 7-Day Trial Pass may only be taken advantage of once per patron per calendar year.

..... If you're still not ready to commit to a Pass:

## Specialized Fitness Programs

If new patrons really want to get a feel for what our classes and instructors are all about, or if our current pass holders are interested in something more specialized than our regular group fitness offerings, then sign up for one of our specialized fitness programs:

- Rec-N Running Races** - *JL's beginner running club*
- TRX Camps** - *Serious TRX. Camps in Jan/ Feb*
- Muscle-UP** - *Change your bad habits with good habits*
- Personal Training** - *Sign-up with one of our trainers.*
- PT Camps** - *"Pay for Pounds w/Mitzi" Weight loss workout*
- Winter Hiking 1** - *"Guided Hiking with Harmonie"*
- I-Tri Classes** - *"Triathlon Training for adults & youth*
- Strength & Conditioning** - *for Youth—Tues/Thurs Monthly*
- Teens & Tweens** - *Group Fitness for youth*

**Check out our Christmas Eve Fitness Event:**

**MERRY FITNESS**

**for a HAPPY NEW REAR!**

90 minute Christmas Eve Workout

Group Fitness Variety

Canned Food Donation or \$5 reserves your spot

**December 24th, 7:30am - 9:30am**



JL "Trim Your Turkey" Group Fitness Event

# Q&A From the Comment Box



## PATRON WROTE:

*"We really love your Seniors Classes, but whenever we come out for them, all of the handicap parking is taken, and we are forced to park pretty far away. It is hard for us to walk all the way from the back of the parking lot. Some of our friends who come have to use walkers. Please create more handicap parking stalls. I'm not sure this facility meets the requirements for number of handicap spaces."*

## CENTER RESPONSE:

Yes. We have discussed the need for additional handicap parking with our Division's Planning department, and our Division Director. The possibility of additional spaces is being looked into. JL Sorenson meets the requirement for number of handicap stalls for this facility. However, we agree that there is definitely a need for more. We want to keep providing great programming for both our Seniors & adaptive populations. The only way to do this in a way to make it convenient for our patrons, is to provide more handicap stalls. So, please be patient and stay tuned. We are working on it.

## PATRONS WROTE:

*"Why is there no whirlpool or sauna at JL?"*

## CENTER RESPONSE:

When planning, designing, then building the JL Sorenson Recreation Center, Salt Lake County made the decision to not include hot tubs, saunas, or steam rooms. Although these amenities do have value to some patrons, they are extremely expensive to maintain.

## PATRONS WROTE:

*"JL looks like such a cool place to work. What kind of job opportunities do you have here?"*

## CENTER RESPONSE:

JL Sorenson Recreation Center employs around 300 part time employees. Positions include: Front Desk Attendants, Building Attendants, Fitness Attendants, Child Care Leaders, Day Camp Group Leaders, Lifeguards, Swim Instructors, Sports Camp Leaders, Youth Sport Officials & Supervisors, Swim Team Coaches, Aerobics Instructors, Personal Trainers, Custodial Workers, and more. Anyone interested, should check out the Job Opportunities link on our website - <http://www.slco.org/recreation/jlsorenson/jobs.html>

Many of our positions do require special skills or certifications. Others just require individuals who are hard working, with positive attitudes, and a strong work ethics that are willing to be trained to become part of the Great JL Team.

## We want your feedback.

At our front desk and at our fitness desk we have a box designated to receive your feedback. You may use the comment slip provided, or submit any written comments or concerns. If you leave your contact info & request a direct response we will respond. We will also try to respond to common questions & concerns in this monthly newsletter. We will call the section Q&A from the Comment Box.



PARKS & RECREATION

# EMPLOYEE SPOTLIGHT

## Kami Packard - Front Desk Supervisor

Kami has been a shining star since the day she was hired to work at the front desk. Kami goes out of her way to help the front desk in every aspect she can. She handles front desk staff training, answering patron questions, dealing with facility issues. Kami also handles facility book keeping and vending at JL. Kami doesn't shy away from any task that is given to her, she is always ready and able to help out where needed. Kami assists our office coordinator in numerous ways. She will never turn down a Diet Dr. Pepper, and her baked goods should not be passed up. Kami is a great asset to the JL Family.

